



vanier

Children's Mental Wellness

2020 | 2021
Annual Report

Mission, Vision, Values, & Strategic Direction



Mission

Vanier Children's Services improves the lives of infants, children, youth and their families through the provision of mental health services and supports based on clinical excellence, collaboration, partnerships, and system leadership.

Vision

A London-Middlesex Infant, Child and Youth Mental Health System, supported by the unique contributions of Vanier Children's Services, providing timely, child-centered, family-friendly, culturally-informed, comprehensive services and programs.

Values

Respect
Compassion
Inclusivity
Collaboration & Shared Decision-Making
Evidence-informed

Vanier Children's Mental Wellness Strategic Directions 2017 - 2021

- Integrated, Child-centred, Family-friendly Service Delivery
 - Leads Effective Service System Transformation
 - Committed to Enhancement of a Healthy Workplace

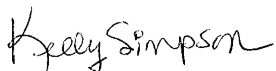
Message from the Board Chair & Executive Director

The COVID-19 pandemic has been extremely challenging directly impacting our daily lives at work, at home, and in the community. The pandemic has taken a toll on the mental health and well-being of children and families in our region. In 2020 - 2021, the demand for mental health services surged and many children and families needing our help were sicker and often in crisis. Greater stress from social isolation, impacts of shifting to virtual learning, and the loss of structure has negatively impacted children's mental health and well-being. We are extremely proud of Vanier staff who role modeled resiliency, adaptability, and flexibility as they shifted their clinical practices to meet the increasing mental health needs of our children and families. Many of our clinicians quickly pivoted to provide virtual care and our outreach teams started offering backyard visits to families who needed in-person supports following Vanier's COVID Framework and Pandemic Plan. We are very appreciative of Vanier staff and the challenging work you do every day.

In our continued effort to build a quality culture at Vanier, in 2020 - 2021 we went through Accreditation. In January 2021 Vanier was successfully accredited by the Canadian Centre of Accreditation for the next three years. Vanier received top marks from our Accreditors for providing high-quality care to our infants, children, and families we serve. Our work would not be possible without the strong support of the Board of Directors who play a key role in strategic governance and advocacy for the children's mental health sector. We are truly thankful for their time and ongoing dedication to Vanier.

As a Lead agency, Vanier is grateful for the strong and collaborative relationships we have built in the community with our partners and funders. Through a collaborative process, Vanier has led various quality improvement projects, including the Live-in Treatment project which is focused on access to mental health treatment beds, and strengthening models of care. In the coming year, we anticipate there will be both challenges and opportunities. We want to sincerely thank Vanier staff for what you have done to weather the crisis and for continuing to provide exceptional care for our children and families during this challenging time. We are forever grateful for your ongoing dedication and commitment.

Stay well.



Kelly Simpson
Executive Director



Jean-Marc Boisvenue
Board Chair



A Refugee Family's Journey - Branches of Change

The Mahdi family came to Canada as refugees from Iraq, where mom and her four children, aged 11, 9, 7, and 5 faced traumatic and dangerous situations. They arrived with feelings of excitement but also instability and fear and without knowing the language it only made matters worse. These issues along with many cultural challenges and domestic violence led the family to Vanier Children's Mental Wellness.

Vanier quickly became their safe place, and they were developing a new sense of hope. The staff developed a therapeutic treatment plan for the family. They were there for their move from shelter to their new home, which included a change of schools as well. We also helped them to navigate other community resources. As multiple changes were in motion for the family, we then had to add the issue of the onset of COVID.

COVID affected this family in many ways and pushed the team at Vanier to be creative and flexible in giving support and services to the Mahdi family. Technology became our new reality and our interactions were now through Zoom. This was challenging with the children and the need for an interpreter to join as well. Engaging children who were highly dysregulated over Zoom sparked the inventive and flexible nature of the three teams involved.

We played virtual interactive games and drew pictures on the virtual whiteboard. A Tree of Life tool grew with roots, branches, and leaves full of hope and joy. Virtual classrooms and constant connections supported the children's learning and socialization needs.

Backyard parent support became the norm which added in person connections with safe and secure COVID guidelines, all wrapped up with fun. In some ways the ability to connect virtually was positive for this family. They did not need to worry about transportation or childcare, and everything could be coordinated around the needs of mom.

The need to change our approach to support families due to these circumstances added depth, teamwork and hope in a seemingly hopeless time.



Day Treatment Pilot Project - Chris' Story

Chris and his family were referred to Vanier to receive support as he had difficulty managing his emotions, not only at home but at school. Chris attended school for 1 ½ hours per day due to his behaviours. While at home, his parents did not place any academic expectations on Chris and there were no signs of improvement. As a result, Chris was removed from school and his parents attempted homeschooling. They found it difficult to meet his needs and provide the supports to learn and grow. Chris and his parents attended family sessions at Vanier for several years to build the skills needed to support him, but he still needed more help. They looked at the Live-In Treatment program, but this did not feel like the right fit for Chris.

COVID-19 presented a unique challenge for Vanier in meeting the treatment needs of families who did not feel comfortable having their children admitted into live-in treatment due to Ministry restrictions for essential visitors and home visits. As a result, the Day Treatment Pilot Program was developed. This team consists of Teachers, Child and Youth Counsellors, Family Therapists, Psychologists and Psychiatry to support students and their families. Chris was one of the first children to enter the pilot program which started in January 2021. His goal was to attend school daily which was something he struggled with over the past few years. With support from the classroom CYC's, Teacher, CFT and his parents, Chris had not only met this goal but gained the confidence he needed to advance academically and socially. Chris is an active participant in class daily, has developed connections with his peers that he uses to help support them in class and shares that he feels confident in returning to his community school in September. He demonstrates leadership, humour, curiosity, confidence, hard work, and a dynamic energy daily.

Chris' parents provided this reflection summarizing what the program has meant to them.

"For the past 5 years, school was a struggle for Chris to the point that we removed him so he could be home-schooled. However, we as parents had a hard time providing Chris with an environment where he could feel safe and loved with the education that he deserved where he could be challenged and learn at his pace. The Pilot Program offered Chris exactly that. With an experienced classroom teacher and skilled CYC staff supporting Chris full time, guiding him through challenging moments and difficult tasks while sharing joy and success, Chris was able to transform into a confident, caring, and energetic student. We don't know how we could have helped him without Vanier's Pilot Program. We are excited to see Chris flourish in the future."



Key Accomplishments

This past year has brought many challenges as we navigated through the changes brought on due to COVID. Our staff went above and beyond to offer our services virtually. We also had to learn to navigate through processes usually done through in-person meetings. We are proud of the many accomplishments throughout the past year.

tandem

One number for immediate child and youth mental health support

Our Crisis and Intake Team (C-IT) has rebranded to reach and support more children and youth in our community. Tandem, formerly known as the Crisis Intake Team (C-IT), is a partnership between Humana Community Services, Craigwood Children, Youth, and Family Services, and Vanier Children's Mental Wellness. With just one call, you can access immediate mental health crisis and intake services, without a trip to the emergency room.

Tandem also has a landing page - visit here: <https://www.tandemhelps.ca/>



Accredited by
**Canadian Centre
for Accreditation**



Agréé par
**Centre canadien
de l'agrément**

Inside 871



January 18, 2021 | Issue 2

In this issue

Name the Newsletter - Winners
COVID-19 Update
Updates from HR
• Reception & General Office
• New Policy Review
• Employee Assistance Program
Wellness
Dates to Remember



And we have a winner!

Thanks to all who participated by submitting an idea to name the newsletter, and to those of you who voted. There were many great ideas but we can only have one winner. The newsletter name with the most votes was *Inside 871*. Coming in at a close second was *The Vanier Voice* and right behind it was *Vanier Views*.

Everyone who participated was included in a draw to win a \$25 gift card.

If you would like to contribute to the weekly newsletter please submit your content by Friday at noon each week.



Vanier Children's Mental Wellness is proud to be accredited by the Canadian Centre for Accreditation (CCA) which offers a third-party review process that is tailored to community-based organizations. CCA accreditation is based on widely-accepted best practice standards that promote ongoing quality improvement and responsive, effective community services.

This year we started a bi-weekly internal staff newsletter to improve communication across the agency. Staff are encouraged to participate by submitting content for the newsletter, which includes important updates, staff profiles, IT tips, staff celebrations, important dates and much more.

Vanier was able to complete several capital funding renovation projects as well to update our aging facilities.

Managing Risk



Vanier Children's Mental Wellness engages in risk management practices to identify risks, estimate impacts, and identify risk mitigation and communication strategies. As an agency, Vanier has a strong commitment to risk management.

Service Delivery

- Licensing for Live-In Treatment Services - standards have been met or exceeded. Licence renewed annually.
- MCYS Risk Assessment tool completed and approved annually
- On-call Manager is available 24/7 for all programs
- Tandem (formerly CIT) available 24/7

Technology

- EMHware (Client Information System) implemented, training and compliance achieved

Health & Safety

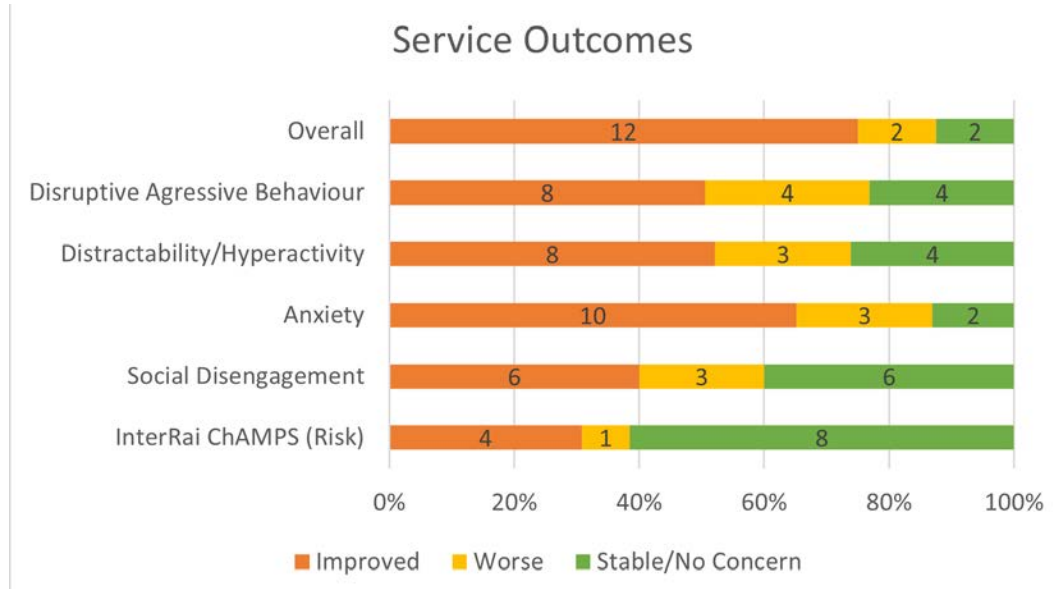
- Certification training for all members of the Joint Health & Safety Committee
- Workplace inspections completed and follow up actions taken when necessary
- Safety inspection completed by London Police and follow up actions underway
- Training for Violence in the Workplace, including harassment, bullying, and domestic violence

Privacy

- Annual Privacy Report submission
- Dedicated Privacy Officer

Measuring Performance

Service outcomes are based on the interRAI assessment tool used pre and post treatment. These results spotlight our Family Therapy Program.



Utilization Statistics

Utilization Statistics	Number of Clients
Clients using our services	2123
Calls to Crisis & Intake	7067
Clients in Residential Treatment	19
Talk-in Clinics- Clients	172
Talk-in Clinics- Sessions	216

TOP PRESENTING ISSUES

Family Issues, Anxiety, Aggression, Anger Management, Noncompliant / Oppositional / Defiant, Relationship / Attachment Issues, Parental M.H. Problems, Incl. Anxiety & Dep., School Behaviour Issues, Attention Problems / Hyperactivity, Diagnosed A.D.G.D., Trauma (Other than Abuse), Mood Swings.

Measuring Performance

CLIENT SATISFACTION

Service helped child cope	86%
Service helped family get along	89%
Family learnt new skills	92%
Reached goals	87%
Worked together with worker to achieve goals	92%
Both strengths and problems were discussed	93%
Clients felt worker focused on their needs	91%
Client satisfaction with wait-time	61%
Client felt they were treated well	93%
Clients felt they had a role in decision making	97%
Client felt culture was respected	98%
Clients felt service well coordinated	97%
Client connected to other services when need	95%
Client would use service again/recommend us	100%

CLIENT SATISFACTION BRIEF THERAPY

Session helpful in understanding issues	100%
Received helpful recommendations	98%
Better able to manage issues	84%
Staff respectful	100%
Family's culture, beliefs and feelings respected	100%
Better understanding community resources	93%
Will use service in future	100%

CLIENT FEEDBACK

What did we do well?

Themes: Reachable and responsive staff, knowledgeable and culturally sensitive staff, listening and patient staff, provided support, focused on clients' strengths and needs

"Our worker was very responsive, modifying goals where needed. I felt very supported. Our worker quickly adjusted things when child wasn't listening. The advice was good and very helpful for me and my anxiety. She always reminded me of the positive. She is a good listener. I appreciated that she had a good knowledge of my culture but sensitive to what she didn't know."

What can we do better?

Themes: reduce wait times, COVID-19 was a barrier

"Length of time to wait for service and the initial contact with Vanier staff member when we first reached out for help was very difficult and child found it hard initially."

What did you learn from participating in the services at Vanier?

Themes: Communication skills, improve home atmosphere, coping skills, emotional expression, strategies for future situations

"There are lots of support and strategies to help our family communicate better and find our triggers before 'flipping our lid'."



Lead Agency

Vanier Children's Mental Wellness is the Lead Agency for the London Middlesex Service Area and works at both the local and provincial level to improve the Child and Youth Mental Health (CYMH) system. Locally, the Core Services Leadership Council (CSLC) ensures system planning and resourcing for London Middlesex. For 2020-2021, Core Service Providers received opportunities for additional Ministry of Health funding for base investments to reduce wait-times for children and youth mental health services and one-time funding to reduce the impact of COVID on children and youth mental health services.

A key activity for Core Service Leadership Council was creating the Multi-Year Plan that identified key areas for future system planning in alignment to the Ministry's Roadmap to Wellness: A Plan to Build Ontario's Mental Health and Addictions System.

The following priority areas were identified in the Ministry Multi-Year Plan:

- Enhance system planning and data capacity
- Live-in/ intensive and specialized services
- Coordinated access, intake, and flow
- Early prevention identification and intervention
- Enhanced coordinated between core CYMH services and other mental health related community resources
- Increased respite services capacity
- Develop capacity to identify and respond to issues related to health equity and system level planning.

Enhance System Planning and Data Capacity

In 2020-2021, Lead Agency supported Core Service Providers to come together and sign a data sharing agreement with the provincial Business Intelligence Solutions. This will allow us to share anonymized data as a system and ensure that resources are deployed to support the best possible mental health outcomes for the population of children and youth, based on evidence and system performance measures, and value for money.

Throughout the pandemic, CSLC shared data on the impact of the COVID-19 pandemic on services and programs. This assisted in understanding the system pressures, gaps and impacts of the pandemic on our community.

As the Lead agency, Vanier, has worked with the Core Services Leadership Council (CSLC) and the Ministry of Health (MoH), to plan and approve the disbursement of additional base funding as well as multiple rounds of Ministry Emergency COVID-19 funding. A framework was developed to guide effective decision-making for new funding allocations ensuring an open and aligned decision made through a consensus-based model.

Lead Agency

Intensive and Specialized Services

Live-In Treatment Quality Improvement Project

Live-In/Intensive services is a priority area identified in the Multi-year Service Plan for London Middlesex. A working group was developed to examine live-in services assessing the current state, intake and discharge, assessment, and model of care. The goal of this project is to develop an understanding of current state and to identify opportunities to improve the continuum of care and develop more integrated pathways.

Coordinated Access, Intake, and Flow

Tandem

Tandem, formerly known as the Crisis Intake Team (C-IT), is a partnership between Humana Community Services, Craigwood Children, Youth, and Family Services, and Vanier Children's Mental Wellness. In 2020-2021, the Tandem team expanded after-hours support and are now available until 10 pm Monday to Friday. In the evenings, Tandem is co-locating at the CMHA Middlesex Crisis Centre. This exciting collaboration brings the community so many resources in one location and offers a lifespan approach. With the increase in resources, Tandem can be mobile and meet families in community spaces. Tandem continues to build pathways supporting diversion for families, children, and youth from Emergency Departments. An evaluation of the expanded model was completed, utilizing quality improvement plan-do-study-act (PDSA) cycles with Tandem staff. Data from these testing cycles will be monitored to ensure that we are meeting the needs of the clients we serve.



A Year in Review - Financials

Year Ended March 31, 2021 (With Comparative Figures for 2020)

Revenue	2020-2021	2019-2020
Ministry of Health	\$8,164,486	\$7,097,748
Government Assistance	882,486	-
Fee for Service Programs	1,025,616	2,180,300
Fundraising & Grants	444,128	256,252
	\$10,516,716	\$9,534,300

Expenditures

Salaries & Benefits	\$7,356,918	\$7,605,342
COVID-19 Funds	910,897	
Food Services – Residential	70,913	102,174
Building Occupancy	276,387	416,836
Purchased Services – Clients	284,920	446,356
Program Expenses	38,631	75,785
Professional Fees	219,724	223,073
Office Administration	126,134	132,152
Insurance	50,113	46,883
Information Technology	173,100	137,649
Staff Training & Travel	56,227	85,538
Other	132,520	234,091
	\$9,696,484	\$9,505,879



Audited financial statements are available on our website.

Our Supporters

In this past year Vanier received donations from individuals, businesses, foundations and bequests totalling more than \$200,000. Our donors are amazing!

Donations included cash, gift cards, toys, services, clothing and books. We received a wonderful gift of picnic tables which are used on a regular basis. Our essential staff received donations of meals and coffee from several restaurants. We received donations of masks and hand sanitizer to aid in our fight against COVID. We have amazing volunteers that come in to help spruce up the grounds and bring life to our windows with wonderful art.

Donated funds are used to help families have a joyous holiday meal, provide toys to those in need, provide warm blankets, hats and mittens. They are used for families and children to attend groups and extracurricular activities.

Thank you for helping the children and families in our community and bringing a smile to their faces.

Without your help this would not be possible.

Thank you!



Devin's Story

Ten-year-old Devin was referred to Vanier after his mom, Colleen, had taken him to the hospital for thoughts of harming himself. Whenever Colleen would ask Devin to do chores or schoolwork, he would become defiant, leading to arguments between them. The arguments would heighten Devin's negative emotions which led to screaming, crying and threats of violence toward mom. This behaviour terrified Colleen causing her distress. Colleen has two younger children in the home who witnessed these interactions, causing the siblings to worry about mom's safety. Due to COVID-19 restrictions, the Child & Family Therapist worked with the family virtually. While Colleen was skeptical of the potential for change and the fact that the therapy process was slower, they were able to have meaningful sessions.

As a single mother of three, Colleen was overwhelmed managing a chaotic home with children who would not listen unless she yelled. Multiple stressors contributed to this chaos, such as mom having surgery, her partner abruptly leaving the home, and the children trying to navigate between on-line and in-person school. Devin shared that he felt more stressed when he saw his mother stressed and avoided communicating his own feelings. He did not want to add to her stress. Colleen felt frustrated with Devin's behaviours but now understands. Talking through each other's perspectives helped mom and Devin have a better understanding of each other.

Throughout therapy, Devin learned more about his emotions and began to feel comfortable expressing them with his mother in a healthier way. Their communication improved, empowering them to make changes in their home out of love and respect. Colleen became motivated to prioritize her self-care with a routine of physical activity, reading, and exploring her creativity. Devin identified a desire to practice meditation to help with his stress and to model this to his younger siblings. Nearing the end of therapy, all three children had developed a bedtime routine that included meditation, significantly improving their sleep quality and ultimately Colleen's.

At the end of therapy, Devin had gone months without thoughts of harming himself. His mom was optimistic about continuing to have a strong family unit. In an emotional goodbye, each family member rated their stress levels as much lower, happiness higher and a belief that they could continue to develop stronger family bond.



The Last Piece of the Puzzle

In March 2020, COVID-19 was declared a global pandemic. Schools were closed and most in-person mental health supports quickly shifted to telephone and virtual. The SCIP (School Community Intervention Partnership) team received a referral from a family who was requesting supports for their son Josh. Over the summer, phone communication between the SCIP Consultant and Josh's mother was provided.

As with all family stories, life threw in a few twists and turns, and with the pandemic's influence this amplified some of the difficulty. Resources that were once available to the family were now closed, what was once normal and mundane now became unpredictable and distressing at times. The school year had a delayed start in September, with children, parents, and school personnel needing to learn the new academic requirements. Josh's mom and the SCIP consultant continued the process of understanding Josh's story and his parent's goals. Several clinical assessments, and treatment plans were developed by a variety of health professionals (Vanier, Merrymount, Thames Valley Children's Centre). The parent's goals became to facilitate both understanding and communication between home and school by exploring all the pieces that made up their son Josh.

Typically, at this time in the SCIP process, observations of Josh would have occurred in school, and interviews would happen with him and school personnel. However, this could not happen as restrictions continued and access to the school was prohibited. Instead, many conversations transpired with several different school personnel including Josh's teacher, principal, school social worker, and school support teacher, who shared their observations and experiences with a new perspective of looking at behaviours as a means of communication.



In October 2020, Josh's mom requested an in-person meeting with the SCIP consultant. This special request was granted with the condition that all COVID restrictions were followed. (e.g., outdoors, with proper PPE, and physical distancing measures in place). The meeting took place after school hours, on a very cold, wet, and windy day. Josh appeared to speak into himself, chin down and seeming to speak quietly into his coat collar. The umbrellas were quickly put away, as the sound of the heavy sleet drowned out the already difficult to understand masked voices. But in the end, mom was overjoyed with the length and depth the conversation revealed about Josh's insights into strengths, needs, and future wishes. By February 2021, strategies were developed along the way to incorporate Josh's strengths in supporting their needs in accessing their hopes. A referral to a pediatrician was supported by the family physician. A virtual appointment took place in April 2021, where further evaluation resulted in a comprehensive understanding of Josh and in the words of his mom, *"SCIP took all of the puzzle pieces and made them fit so we could see if a piece was actually missing."*

This story is a reminder of the strength and wisdom many parents have, even in the face of unprecedented adversity to persevere in search of that last piece of their puzzle.

Assuring Quality

Vanier Children's Mental Wellness has a strong commitment to quality improvement. Vanier utilizes quality improvement frameworks such as the Quadruple Aim with a focus on improving client and staff experience, sustainable care costs and quality and population health. These frameworks guided the creation of an organizational Balanced Scorecard, Quality Improvement Plan, and program quality reports. Vanier's Value Team Committee is critical to ensuring the success of the quality improvement initiatives across the organization.

Quality Reports

Vanier implemented a Balanced Scorecard for the Board in 2020-2021 to monitor the COVID-19 impacts on the agency. Utilizing the quadruple aim, the Board monitored such measures as occupancy rate, client satisfaction, service quality provision and staff mental health and well-being. This allowed the Vanier Board to maintain an understanding of the impact that COVID-19 on on the agency and broader community.

Vanier implemented quarterly program reports at the program level in 2021. The quality reports monitor client utilization, client outcomes, and waitlist data which allows managers to monitor the needs of the programs and highlight quality improvements to enhance the support provided to clients and families.

Ontario Perception of Care Tool

Vanier along with 33 other Lead Agencies across Ontario prepared for the Ontario Perception of Care (OPOC) Tool blitz in 2020-2021. OPOC is a quality improvement tool developed and psychometrically validated by the Centre for Addition and Mental Health (that is aimed at enabling service providers to identify opportunities for quality improvement.) The OPOC is designed to gather client perceptions about their care and provides agencies with anonymized and aggregate feedback data in such areas as: service access, quality of care experience, client-centeredness, service environment, and safety.

Accreditation

Vanier was successfully accredited by the Canadian Centre of Accreditation n 2020-2021 for the next three years. Accreditation provides an external review of an organization's operations in relation to accepted standards of good practice and risk management. Standards address all aspects of the organization, including governance, management, programs, and services. It is also a system to promote learning, improvement, excellence, and innovation.



Assuring Quality

Intensive Live-In service system navigation in the London-Middlesex and surrounding areas – Quest Quality Improvement Project Funding

Vanier continued to work with the Centre of Excellence for Child and Youth Mental Health Quest project throughout the 2020-2021 year. Quest is a quality improvement (QI) initiative based on Lean Six Sigma. Vanier trained staff and system partners in Lean Six Sigma White Belt and gathered baseline data on the quality improvement culture at Vanier. This foundational work will allow us to understand the strengths and areas of focus needed to build a culture of quality at Vanier. This work is also tied to the larger Live in Treatment Quality Improvement Project led by the Core Services Leadership Council.

Joy at Work – QI approach

Vanier is committed to providing timely, child-centered, family-friendly, culturally informed, comprehensive services and programs. To deliver this vision, there needs to be a continual focus on staff engagement, relationships, and staff experience. Vanier recognizes employees as their most valuable asset and is committed to creating a work environment that is respectful, inclusive, engaging, and one that brings joy in work.

Vanier has taken a quality and staff co-design approach to creating joy at work. This plan has been co-designed by staff from all levels across the agency. The co-design approach provided staff with an opportunity to participate, provide input and co-create the plan. The Board of Directors were kept up to date on the process and fully supported the co-design approach. To ensure that we are using an evidence-based approach to improving joy in work, two frameworks, IHI Framework for Improving Joy in Work and NHS Healthy Culture Characteristics were utilized. Value Team will be assisting with monitoring the quality improvement approach and evaluation of this work.

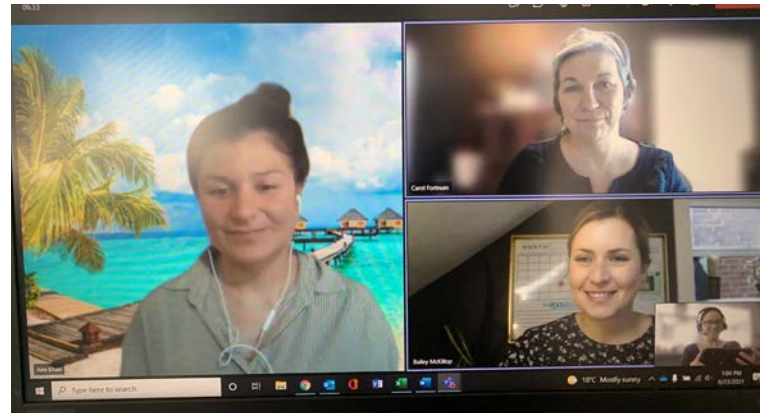
QR QI Project

In 2020-2021 Vanier began a quality improvement project with the Quick Response (QR) Program. The QR program assists families with adolescents between the ages of 12-17 who are in crisis. A referral is made by the Children's Aid Society of London & Middlesex (CAS) to the Tandem team who responds to families in crisis and provides immediate support to help de-escalate. This program was developed in response to a CAS identified community need to support admission prevention of youth into CAS care. The QR project aimed to streamline the QR process, improve communication, and develop an administrative structure to oversee the program. The project is being evaluated this year.



Our Staff

Our staff had fun participating in the Scotia Bank Stair Climb for United Way. Staff are all smiles during one of many virtual team meetings. Making over 100 Wellness Kits for clients & families. Showing support for Orange Shirt Day.



we're all in this
TOGETHER

Staff Celebrating Years of Service Awards

35 Years

Lesley Marriott
John Timmerman
Denise Brackenbury

25 Years

Janet Rayner Valdron

10 Years

Karen Allen
Donald Key
Lyndsey Mueller
Karly Rix
Rebecca Cuthbert
Kristy van Diepen-Costa
Amy Mouselimis
Sherri Whitman
Nicole Roberts
Alex Turgeon

2020 - 2021 Board of Directors

Vanier Children's Mental Wellness is governed by a community Board of Directors. Our dedicated board members volunteer their time to support our agency.

Executive Members

Jean-Marc Boisvenue	Chair
Brendan Clouthier	Co Vice-Chair
Sally Zandri	Co Vice-Chair
Graham Leitch	Treasurer
Paul Levac	Secretary

Directors

Tara Sanders
Jesse Francis
Thomas McKinlay
Chris Magowan
Meredith McEwan



We would also like to take this opportunity to thank the board members who have moved on throughout 2020-2021.

Sandra Datars Bere
Loretta Hillier





vanier

Children's Mental Wellness

CARING. SUPPORTING. TRANSFORMING LIVES.

To learn more about Vanier Children's Mental Wellness or to make a donation, please contact us.

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Ministry of
Children, Community &
Social Services



The May
Court Club
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